

## Nonprofit of the Month: MKE Teacher SPAce



MKE Teacher SPAce provides facilities and a variety of services such as training educators on curriculum development, lesson planning, and teaching strategies all while in a spa-like atmosphere. MKE Teacher SPAce values and understands the importance of teacher well-being as essential elements of a healthy, creative community.

Here teachers will have access to help practicing mindfulness, healthful living, and open collaboration in a supportive community while developing community, mentorships, a support network, and more. There are also opportunities to learn yoga, meditation, raw nutrition, and other healthy lifestyle skills.

Click <u>here</u> for more information.